

Farmington - Mineral Area Regional Medical Center Parkland Health Center

Director of Student Medical Education

Scott Kirkley, MD

Rotation Site Coordinators

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The Sites

Students training at the Farmington, MO site will work with two local hospitals: Mineral Area Regional Medical Center and Parkland Health Center. Students will work in physician private practice clinics and follow attendings at both hospital facilities. Each health care facility also has hospitalists who often host clinical rotations for students.

Parkland Health Care is part of the BJC HealthCare System which is one of the largest nonprofit health care organizations in the United States, and is focused on delivering services to residents primarily in the greater St. Louis, southern Illinois and mid-Missouri regions. With 2010 net revenues of \$3.6 billion, BJC serves the health care needs of urban, suburban and rural communities and includes 13 hospitals and multiple community health locations. Services include inpatient and outpatient care, primary care, community health and wellness, workplace health, home health, community mental health, rehabilitation, long-term care and hospice.

Mineral Area Regional Medical Center is an affiliate of Cappella Healthcare which has 13 hospital affiliations. With nationally recognized leaders and proven track records in operating highly successful hospitals of all sizes and market types – from large tertiary teaching hospitals in metropolitan markets to small community hospitals in rural markets.

Both facilities offer a full range of core and specialty rotations and work together to provide the clinical requirements for third and fourth year students training in the Farmington area.

Single rotations are available at Poplar Bluff Regional Medical Center and housing is available to at no cost to students wishing to complete single rotations. Student with ties to the region and a strong interest in Poplar Bluff Regional Medical Center may contact the site coordinator, Cindy Robinett, to apply for Poplar Bluff as their core site.

Possible Facilities

City Population 16,240

Mineral Area Regional Medical Center 1212 Weber Road Farmington, MO 63640 573.454.2401 www.mineralarearegional.com	Medical Staff Size of Hospital Admits Surgeries Deliveries ER Visits	93 135 beds 3,260 3,718 321 17,253
Parkland Health Center 101 W. Liberty Farmington, MO 63640 573.756.6451 www.parklandhealthcenter.org	Medical Staff Size of Hospital Admits Surgeries Deliveries ER Visits	48 98 beds 6,200 3,000 653 36,000

Frequently Asked Questions

Describe didactics at your facility.

CMEs, Student Case Conferences, Journal Club and other occasional didactic activities are included in the learning experiences at this site. Student case conferences and journal club meetings are monthly (except during summer months). Local CMEs sponsored by each hospital are also offered monthly on a variety of learning topics. Students do morning (and sometimes evening) rounds with attendings and are often given reading assignments by preceptors.

How many students, interns, and residents are on a rotation?

Farmington only hosts medical students. Students are always trained by physicians and never by interns or residents. This makes for an optimal training site for medical students.

How often are students one-on-one with an attending or resident?

Students are always one-on-one with an attending physician. Residents do not train in Farmington. Medical students do not have to compete with interns and residents for procedures and assisting in surgeries and obstetrics.

Are students offered/encouraged to actively participate in procedures?

This is one of the best parts of completing your clinical in a smaller community. Students are allowed to participate in many procedures. When students complete their Obstetrics/Gynecology rotations, they are actually allowed to deliver babies. You are always first assist in surgeries as there are no interns/residents in front of you.

Is the hospital affiliated with other hospitals? What other medical school affiliations does your facility have?

Mineral Area Regional Medical Center is an affiliate of Cappella Healthcare which has 13 hospitals affiliations.

Parkland Health Center is part of the BJC network which is one of the largest nonprofit health care organizations in the United States.

Medical schools that send students to this site include: KCOM in Kirksville, KCUMB in Kansas City, University of Missouri SOM-Columbia, Washington University-SOM in St. Louis

What is the trauma level of your emergency department? If your emergency department is not a Level I trauma center, will students have an opportunity to rotate at a Level I trauma center?

There are no Level I trauma centers in this region. Students who would like to rotate at a Level I trauma center may certainly do an elective rotation and one of the many hospitals which ATSU has affiliation agreements with.

What is the on-call policy for medical students?

The on-call policy varies by rotation. Most rotations do not have night call. Students with strong interests in surgery, OB/GYN and other specialties which have a lot of call may talk with individual physicians and be put on the call lists to be called in for “interesting cases”.

Is there 24-hour access to the library and Internet resources?

Yes. Students are given their own usernames and passwords to access resources at any time of the day or night.

Is charting done electronically?

Electronic charting is done in some areas of the hospital. EMR is rapidly being added to all departments of the hospital and clinics.

Is there a food allowance and how much?

Courtesy meals are provided in the cafeterias at both hospitals.

Are pagers provided to students?

No. Most all preceptors use cell phones and take student cell phone numbers as well as give students their cell phone numbers.

Are lockers available for students to use?

Students are given access to the medical lounge which is a locked, secure area, but lockers are not provided.

What unique qualities/opportunities does your facility have to offer?

This training site is collaboration between both Parkland Health Center and Mineral Area Regional Medical Center. Parkland Health Center is part of the BJC Healthcare Systems (Barnes Hospital in St. Louis) one of the largest healthcare systems in the United States. At this site you get the one on one training with your preceptors as well as access to some of top physicians in the United States.

education for health profession students and serve as regional health centers for a multi-county region of the southeastern Missouri area. Students follow their attendings at both sites. More info can be obtained by visiting each hospital’s website

Site Visits

When are site visits scheduled?

Site visits can be scheduled at almost any time except during holidays.

Who should students contact to set up a site visit?

Please contact the Rotation Site Coordinator, Cindy Robinett, at 573.785.2444 Ext 3.

What is the site visit protocol at your site?

Students must contact the site coordinator at least two weeks before the planned visit. The site coordinator will make arrangements and let students know who/when/where to meet. Any requests made less than two weeks in advance will be considered, but may not be able to be arranged due to time constraints.

Area Information

The population of Farmington is 16,097 and the four county service area populations are 113,000. Known for its wealth of fishing, parks, and other types of nearby recreational areas, it is an area of impressive natural history and beauty. Taum Sauk Mountain, Elephant Rocks, Washington, Sam A. Baker and Johnson Shut-Ins State Parks are some of the outdoor areas located within short driving distances. In addition, many local rivers and streams offer excellent fishing, boating, and floating opportunities in the great outdoors. The region is also home to historic early settlements and wineries. Located within an hour drive of urban St. Louis, MO, this rural community provides many modern amenities including retail shops, malls, excellent restaurants, cinemas, water slides, off-road vehicle tracks, stock car racing, and much more! Visitors to this southeastern Missouri community never lack for things to do. Visit www.farmingtonmo.org for more community information.

Due to its close proximity to St. Louis, students training in Farmington enjoy easy access to many additional museums and theatrical or sporting events as well. For all the Cardinal fans out there, you are a mere 90 minutes away from a Cardinals game or any other sporting event in the St. Louis area.

Average cost of housing

Rental units range from \$500-\$750 per month; Houses range from \$100,000 to \$150,000, although nice smaller homes can be found for under \$90,000. This is a major benefit to training in southeast Missouri. Students struggle to get by during medical school and with the cost of living being lower than in the city; students are able to live comfortable without a huge strain on their budget.

Nearest major airport

The Farmington community has a small local airport and Lambert-St. Louis International Airport (STL) is a short 90 minute drive north

Nearest expressway

Farmington is located directly on Hwy 67 about 30 minutes south of Interstate 55 at Crystal City

Informational websites - www.farmingtonmo.org

Student Typical Day

Students will pre-round with patients in the mornings and follow typical 9-5 office hours to see patients in preceptor clinics. Evening or weekend call is at the discretion of each individual preceptor. Didactic opportunities are provided at each hospital. Depending on the rotation and the volume of patients that you see with your individual preceptor, you will sometimes have late afternoons for reading and study time.

Every rotation is with an individual attending physician, so exposure to patients is definitely increased. When the attending is comfortable with your abilities, you will generally find yourself becoming more responsible for individual patients that are assigned to you, however all care is monitored and supervised by your preceptor.

During your off time, Farmington has plenty of things of interest to see and do. There are some beautiful golf courses around town, movie theaters, recreational events, and local shopping opportunities. St. Louis is a short drive for any kind of entertainment you could want. With the low cost of living in Farmington you can certainly afford to take part in these activities. Farmington is a great place to live and work, and the lack of traffic jams make personal and family time easy to enjoy.

Student feedback regarding site

"Rotations in Farmington are very hands-on. I have delivered babies, sutured, was first assist on C-sections and other operations, inserted a chest tube, and have done a lumbar puncture... all in my first four rotations. I really enjoy the one-on-one focus with the attendings."

"The one-on-one training I received from my preceptors taught me more than any prepared lecture could. I know my board scores definitely reflected this training. They brought medicine out of the text book and into real life."